HAPPYMONEY

@MARIAHFONTANA

Who wants to make 10, 20,50, 100k+ per month?

Who wants to make 10, 20, 50, 100k+ per month while <u>happy</u>?

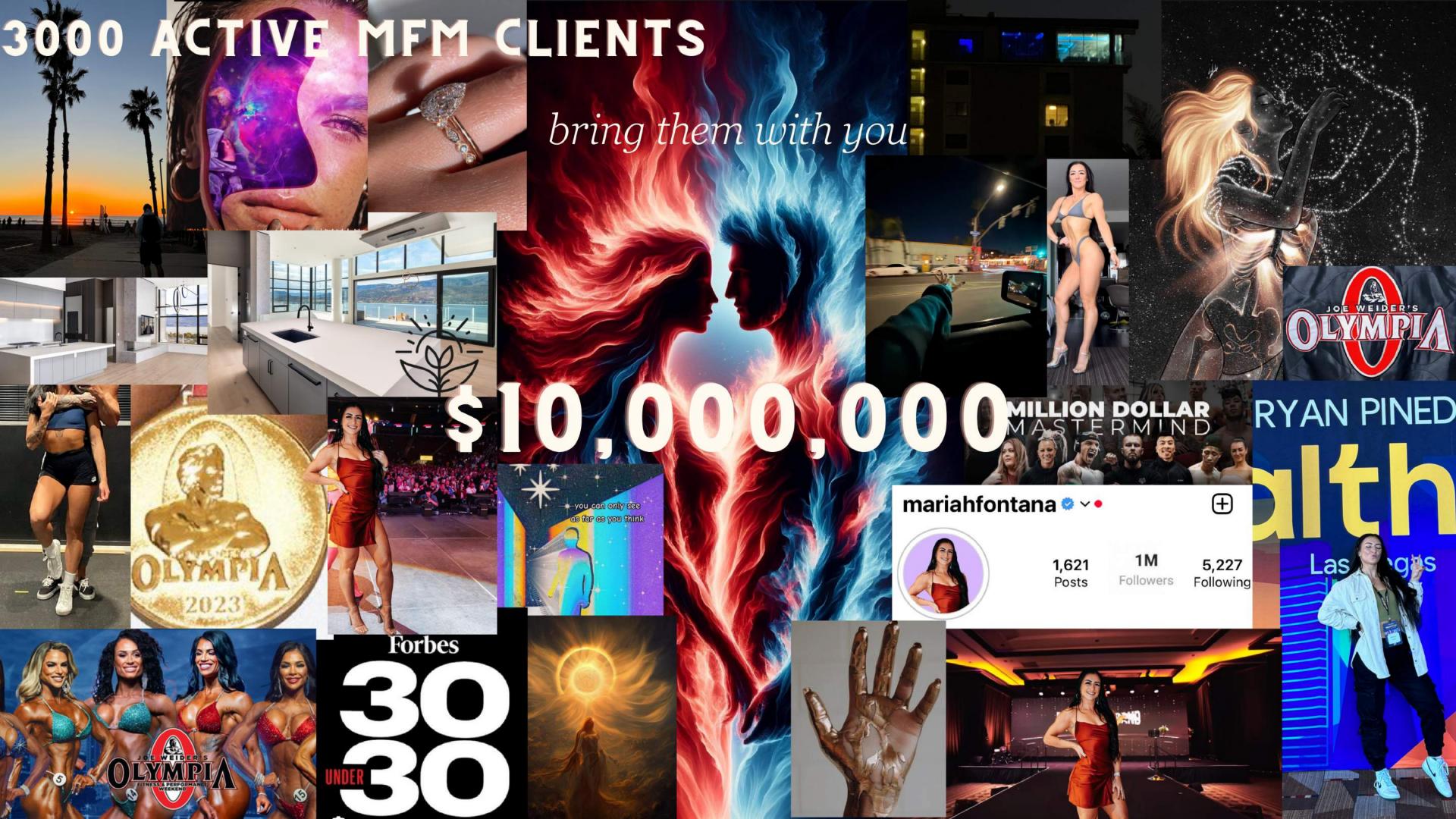
Why are you truly here?

- to learn how to make more money?
- to have a mental breakthrough?
- to be in a new community that just 'gets it'?

Why are you truly here?

- WHY do you want more money?
- WHY do you need a mental breakthrough?
- WHY do you need a new community?

Your reasons all come from emotional drivers; whether you know it or not





Instead of always searching for the 'key' or the 'one thing I need to do' to hit 20k/m

You should be asking: 'HOW DO I BECOME THE VERSION OF MYSELF CAPABLE OF MAKING & SUSTAINING 20K/MONTH' My first goal when I joined PTDOM in Dec 2020 was 10k
Then 15k, then 20k, then 30 and 50k and the big ass 100k/m

But it wasn't until I flipped my life upside down in 2023, ended a 7yr relationship, started doing breathwork, more mediation and inner work on myself than id ever done...



that I finally asked, why do I want that?

I never gave myself the opportunity to ask 'why' because I was unconsciously chasing 'safety' for the last 4-6yrs (arm) entire life)

in 2017 I dropped out of uni, lived in my boyfriends parents house, tree planted, lived the ski-bum life, and barely got by

I was in thousands of depth and felt like I was always broke (could always afford 1-2 bottles of wine on the weekend though)

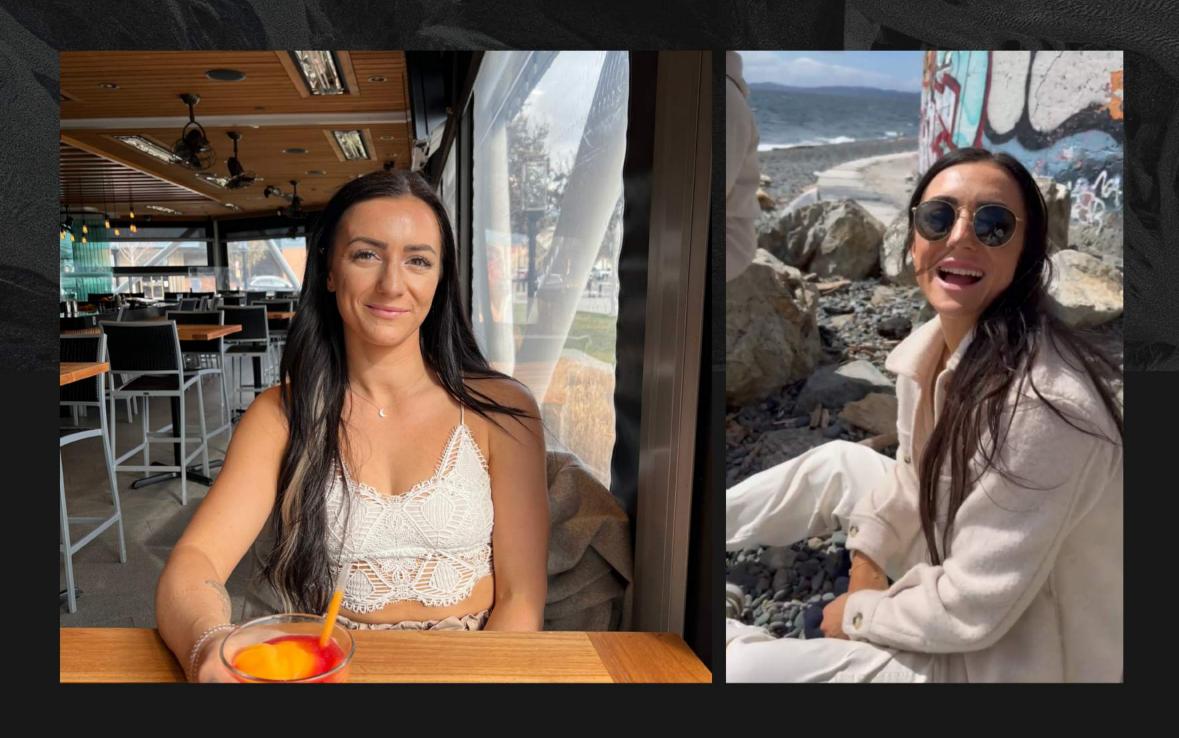
Money truly was the SOLUTION at the time

More Money = Safety

But once I got the money, I still had the same problems...

I didnt realize that at the time:

- keeping myself busy chasing numbers meant I was too busy to deal with the problems in my relationship
- -chasing numbers fed my ego as being one of the highest earners in the program
- -earning that much money kept a shield of protection not to have to ever rely on anyone because Id been burned in the past



I made more money in April 2022 than April 2024

April '2022

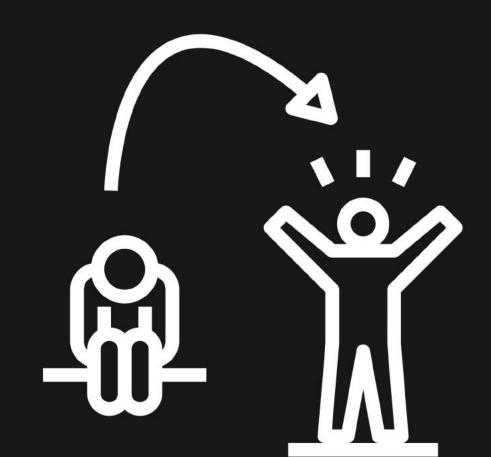
April '2024

Money is an emotional bandaid

Bandaids don't fix wounds that need stitches

Ask yourself again...

What emotion am I trying to create by having more money?



When you begin to understand the emotions you seek...

You begin to understand the power they have over you & your decision making



Power



Safety

Your desire to create safety within you by making money has more authority over you than your desire to be financially free

money = power & safety

so what happens when you have a low month?

bye bye power & safety

money & your business become all of you

your emotions, power, and safety are all attached to it which actually takes away ALL of your power

'I do stuff for my biz as soon as I get up, I think about my biz always, I AM my biz'

Sooo what happens when you have a shit month in biz if you ARE your biz?

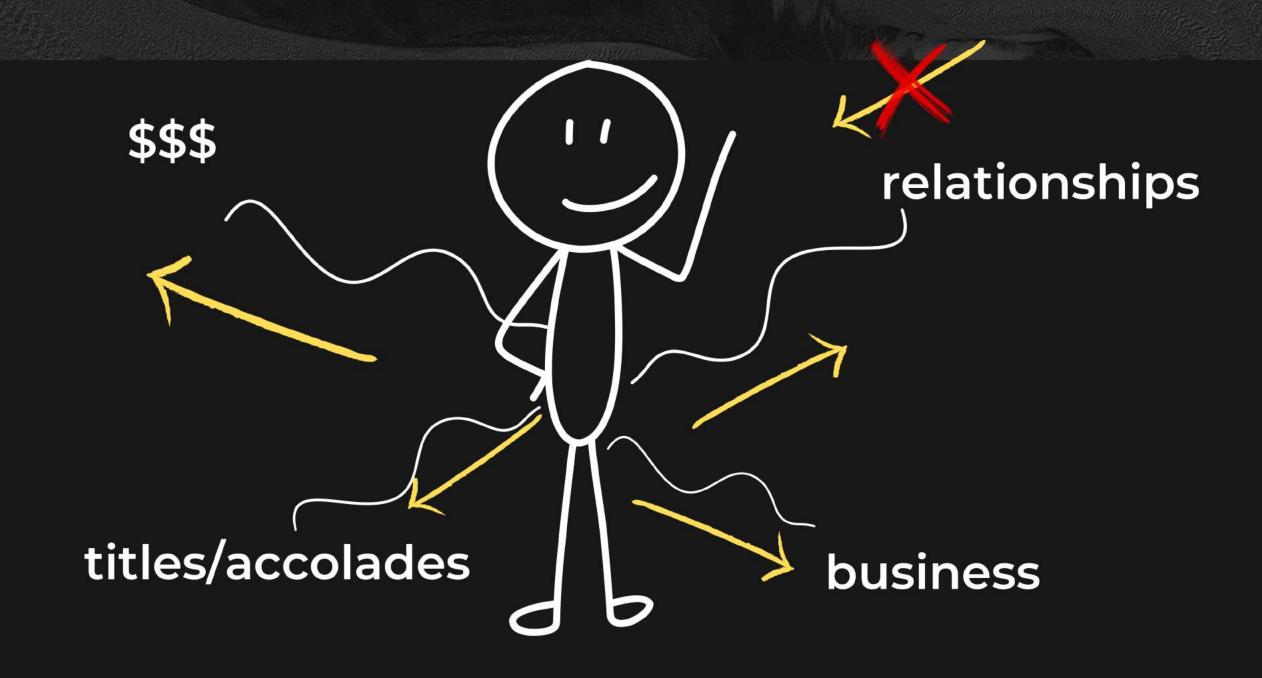
'Im shit'

Your identity cannot be tied to your business and how much money you make

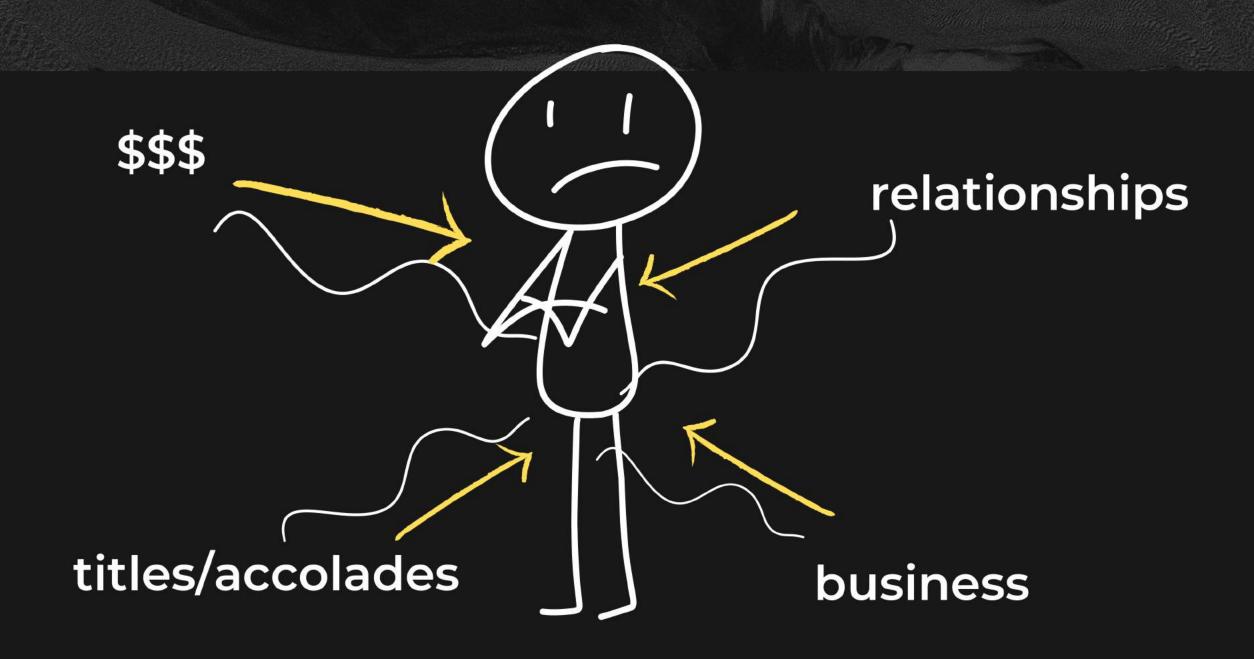
You business is an EXTENSION of you, not ALL of you



Energetic Strings OUT vs. IN



WTF DOES THIS HAVE TO DO WITH MAKING MORE MONEY MARIAH?



The How:

Become aware of your reasons 'why', the emotions you think you'll receive and the power it holds over you

Its a daily practice...

This is going to take TIME and A LOTTTT of inner work

A lot of peeling back the layers of who you are or the character you've created for yourself (power, safety)

But who are you really? What's beneath the surface that is driving you to create this business and to be 'successful'?



we have clear next steps!

Nice seeing you this morning team!

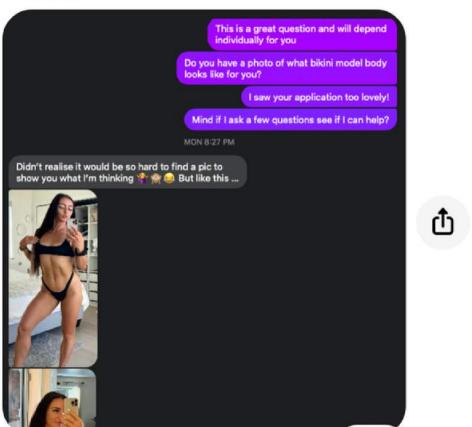
Chloe

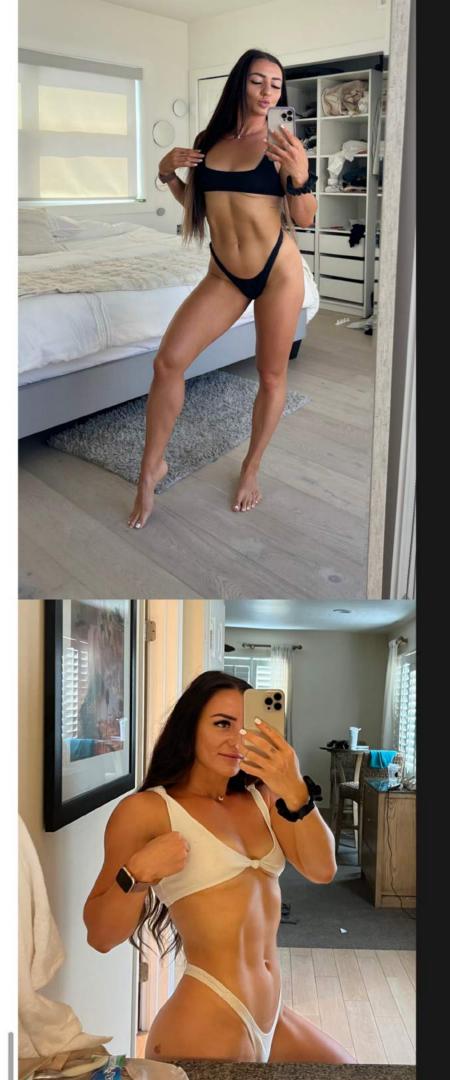
When your chatting to a prospect and she sends you photos of her goal body and its @Mariah Fontana

😎 🍑 How cool! Go Mariah



Chloe











You may have not been willing to go there because beneath the surface is darkness....

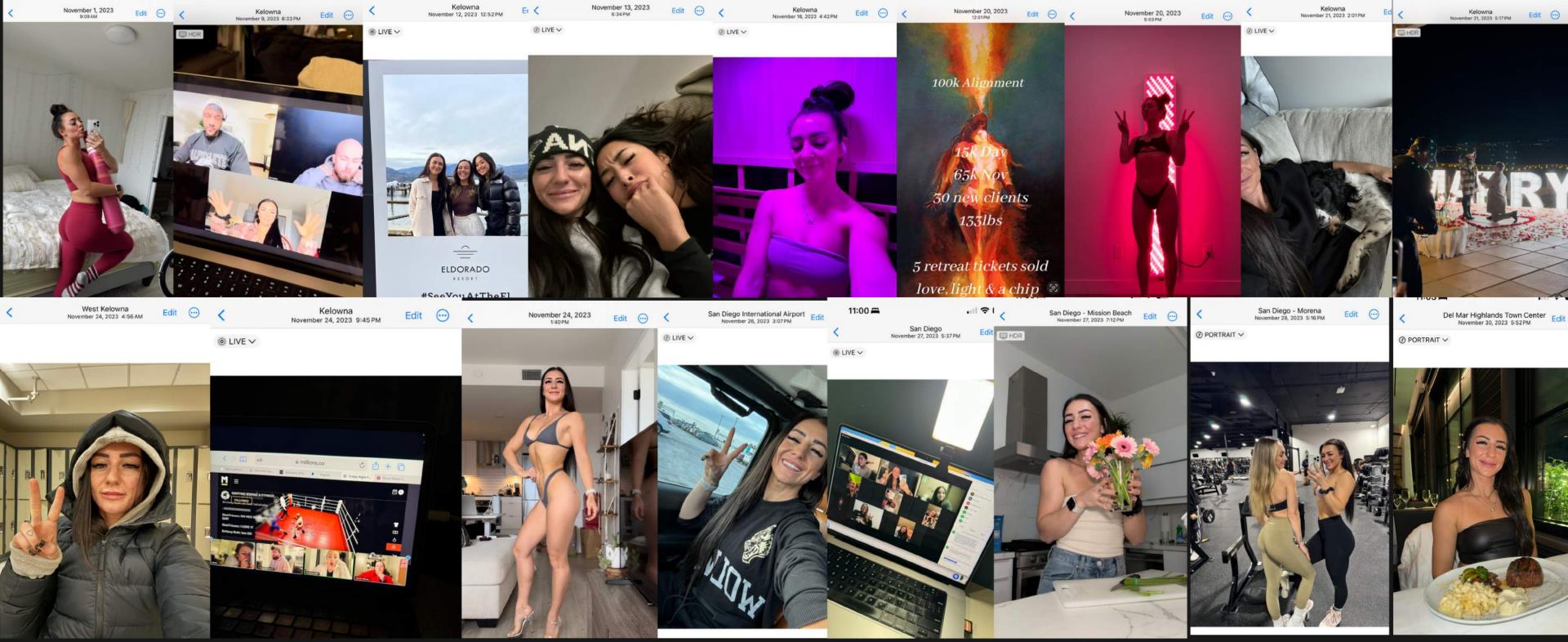
'Sometimes the dark is all-consuming. It reaches for you, wraps its arms around you, and pulls you into the shadows. It's easy to stay there. To be all consumed in it. You may not even realize that you're there. You've fallen back into your subconscious patterns. But all you need is awareness. Awareness of who you're becoming, once again. A snap, a shake, a glance from someones eyes directly to yours, to pull you back into the light.'

'Love and Light' didnt help me make more money but it did help me....

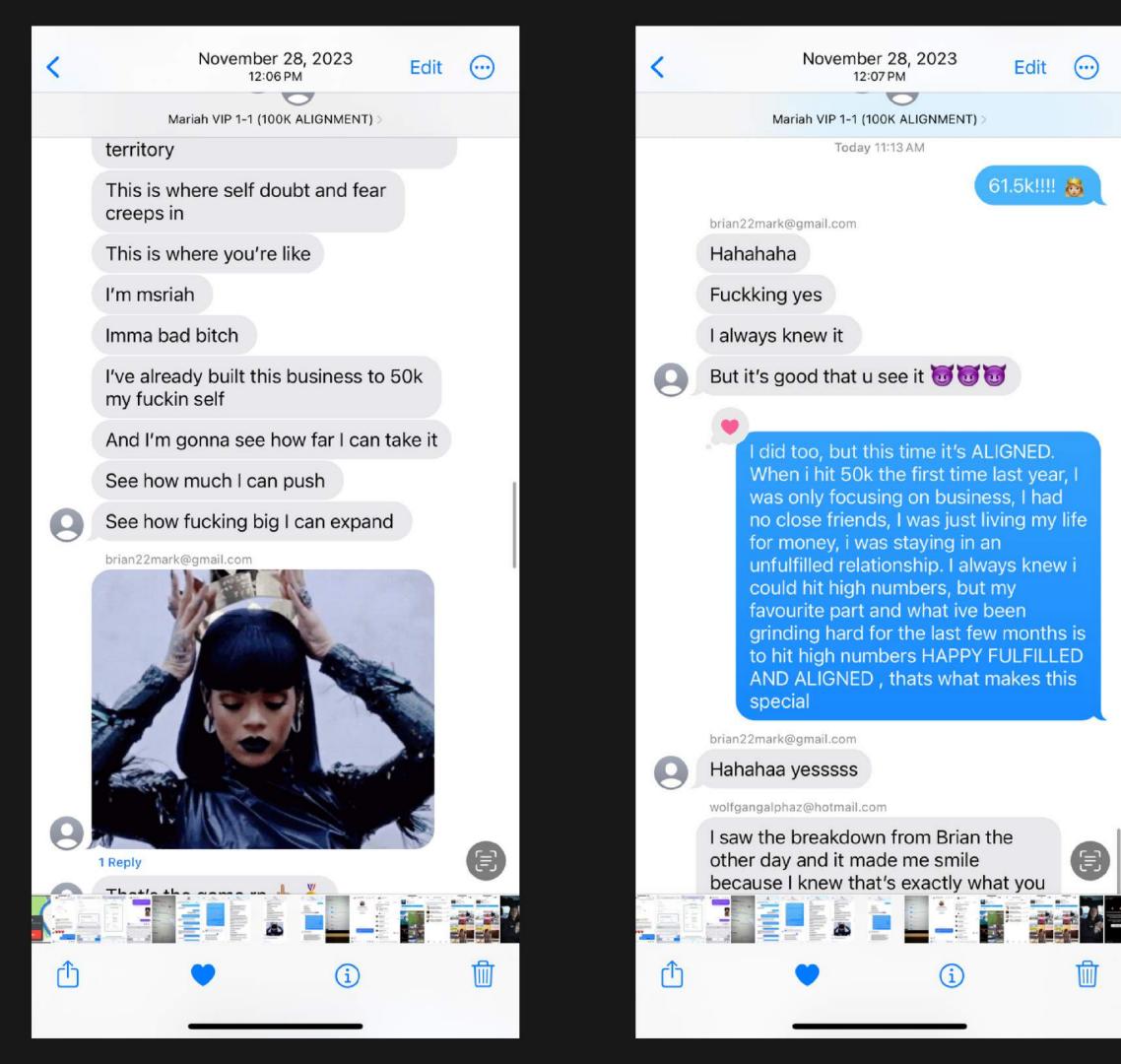
- heal a broken heart
- realize what was truly important to me
- discover parts of myself I closed off for years
- become fully 'ME' with unshakeable confidence
- a better, badass leader
- the woman you see today

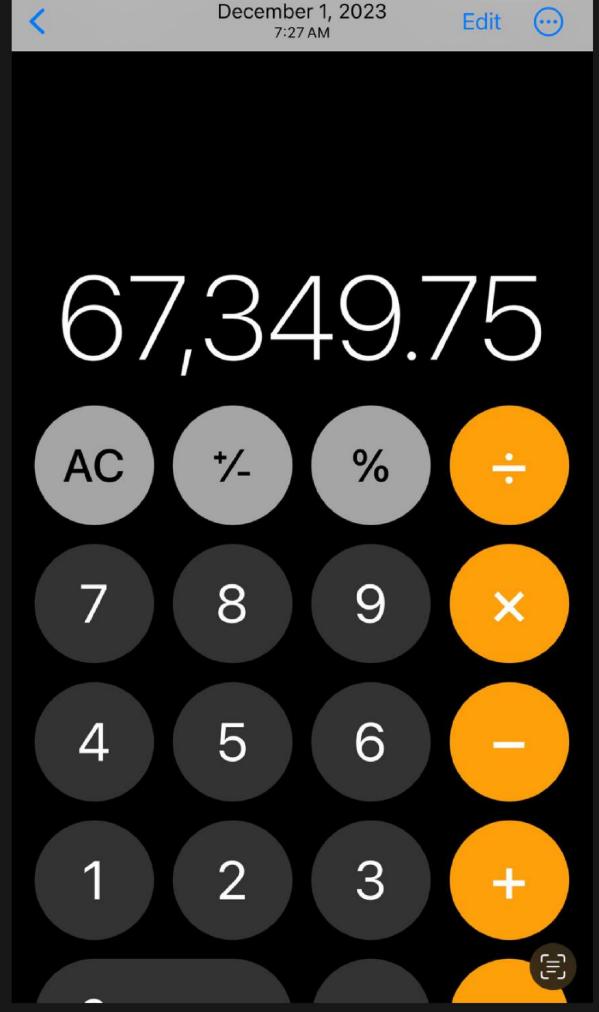
So when I was ready to turn on the drive & grind again, I was doing it from a place of authenticity, not because I needed to survive

And I hit my record month of 67K
...HAPPY



Not only Happy, I LIVED and living doesn't mean lazy, it means working smart





- 1. what emotion do you think your goal income will bring you? Create that feeling within you
- 2. Your business is an EXTENSION of you, not ALL of you
- 3. You have to become the version of yourself CAPABLE of making shit tons of money
- 4. Money will flow a lot easier to you when you actually know who the fuck you are

Now its time for YOU to make a shit ton of money

make a massive impact

and have FUN while doing it